

Liposomal Essential Oil Remedy Information

SHIPPING & STORAGE: If your remedy arrives at room temperature, don't be alarmed. Simply place it in the refrigerator upon arrival, and store it there.

TEMPERATURE and SHELF LIFE: Temporary exposure to warm temperatures will not affect the integrity of the remedy, but hot temperatures or many days unrefrigerated will cause degradation to the liposomal remedies.

DOSAGE RECOMMENDATION FOR ACUTE INFECTIONS: 2 Tablespoons / 2x / day (no titration).

TITRATION DOSAGE SCHEDULE FOR CHRONIC CONDITIONS: Take your EO Remedy 30 minutes or more away from food. Unless otherwise specified by your practitioner, the standard adult titration schedule is:

- Week 1: 1 teaspoon / 2x / day
- Week 2: 2 teaspoons / 2x/day
- Week 3: 1 Tablespoon / 2x / day
- Week 4: 2 Tablespoons / 2x / day

TASTE: If the taste is too strong, the remedy can be taken with coconut, almond, or hemp milk to soften the flavor. Alternatively, each dose can be frozen with ½ teaspoon of honey in an ice cube tray and taken as a lozenge.

INGREDIENTS: Refer to your formula page and/or bottle label for a list of your essential oils and other ingredients.

REFILLS/REORDERING: For shipping refill, place order 1 week in advance to allow for production and ship time.

Following the standard titration dosage, a bottle will last approximately 3 weeks.
For acute infections and top dosage of 2 Tbsp / day, a bottle will last approximately 8 days.

Because our liposomal remedies are made to order and handcrafted, they are **non-refundable** and we are not able to accept returns or cancellations after the order has been placed.